What is claimed is:

1. A splf club comprising a head formed by combining a plurality of metal shells and a shaft attached to the head, wherein at least a part of said metal shells is formed into a certain thickness by a blast grinding process.

2. A golf club according to claim 1, wherein at least a partial portion of said metal shell is formed into a different thickness than that of the remainder thereof by subjecting at least a part of a certain surface thereof to the blast grinding process.

3. A method of manufacturing a golf club comprising a head formed by combining a plurality of metal shells and a shaft attached to the head, which comprises the step of adjusting a thickness of at least a part of said metal shells by a blast grinding process.

4. A golf club according to claim 1, wherein said head is formed by combining a face shell, a crown shell, a sole shell and a peripheral side shell.

5. A golf club according to claim 4, wherein said sole shell is formed integrally with said peripheral side shell

6. A method for manufacturing a golf club according to claim 3, wherein said head is formed by combining a face shell, a crown shell, a sole shell and a peripheral side shell.

7. A method for manufacturing a golf club according to claim 6, wherein said sole shell is formed integrally with said peripheral side shell.

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